



# À TERRA





BAR & CANTEEN

## MENU





### COUVERT

Homemade bread, olive tapenade and butter<sup>1,2,3</sup> 4  
Homemade bread 3  
*(prices per person)*

### SOUPS AND SALADS

Creamy market vegetables soup   2 8  
Chilled cucumber soup  <sup>1,3</sup> 9  
*Greek yoghurt, sunflower seeds*  
Green salad and lemon vinaigrette   13  
*Rocha pear and Granny Smith apple*  
Gorgonzola and watermelon salad    <sup>1</sup> 14  
*Zucchini slices*  
Caprese salad   15  
*Beefsteak tomato and burrata*  
Seabream salad   18  
*Buckwheat*

### OUR PLATTERS

The 3 little pigs   1 pax 18  
2 pax 28  
*Acorn fed iberian ham, Bisaro ham, D. Otilia smoked ham*  
Local cheeses  1 pax 17  
2 pax 26  
*Selection of 3 varieties with nuts and homemade jam*  
Cheese and ham platter  1 pax 19  
2 pax 29

### ON A BUN

Octant Douro burger<sup>1,3</sup> 20  
*160gr beef paddy, brioche bun, caramelized onion with port wine, cheddar, bacon and BBQ sauce*  
Veggie Octant Douro burger  <sup>1,3</sup> 18  
*Burger, brioche bun, caramelized onion with port wine, cheddar, and BBQ sauce*  
Iberian pork cheek sandwich<sup>2,3</sup> 22  
*Traditional bread, Iberian pork cheek, caramelized onion with port wine, cheddar and pickled cucumber*  
Goatling Francesinha<sup>2,3</sup> 26  
*Woodfire oven roasted goatling, sausage, cheese, ham and french fries*

### VEGETARIANS

Grilled leeks   <sup>1,3</sup> 16  
*With romesco sauce and ewes milk cured cheese*  
Broccoli and hazelnuts from Paiva    <sup>1,3</sup> 16  
*Creamy broccoli, grilled broccoli and hazelnuts*  
Carrots and dates     <sup>3</sup> 17  
*Walnuts from Douro*  
Daniel's mushrooms "Ovos Rotos"    <sup>1,3</sup> 18  
*5 minutes eggs, potato straws and mushrooms*

No dish, food product, or beverage, including the cover charge, can be charged if not requested by the customer or if it is rendered unusable by them.  
Prices are in Euros and VAT included. Some of the ingredients may contain allergens, please request your waiter for additional information. Complaints book is available.



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### TO SHARE

Uncle Virgílio Codfish fritters <i>Homemade codfish fritters with soft cheese sauce</i>	17
Can the can <sup>2</sup> <i>Selection of traditional preserves with oven roasted bread, olive tapenade and green salad</i>	18
Aveiro Clams <sup>2,3</sup> <i>Fresh herbs and lemon</i>	19
Atlantic cuttlefish <sup>1,3</sup> <i>Creamy spinach and lemon sauce</i>	24

### MAINS

Octant I hake <sup>1,3</sup> <i>Creamy tomato rice and roasted fennel</i>	24
Teriyaki salmon <sup>1,3</sup> <i>Sushi rice and cucumber</i>	26
Piri-Piri chicken breast <sup>1,3</sup> <i>Potato Chips, salad and piri-piri sauce</i>	26
Confit duck leg <sup>1</sup> <i>Apple puree, grilled lettuce</i>	27
Arouquesa beef rump <sup>1,3</sup> <i>150gr Rump steak, French fries, mustard sauce</i>	29

<sup>1</sup> - Vegan option available

<sup>2</sup> - Gluten free option available

<sup>3</sup> - Lactose free option available

- Lactose free

- Glúten free

- Vegan

- Vegetarian

### PIZZAS

*Homemade dough, fine and crispy, prepared with 00 flour and a 24hrs proofing*

Margherita <sup>1,3</sup> <i>Tomato and mozzarella</i>	16
Arda <sup>1,3</sup> <i>Tomato, mozzarella, pepperoni, fried onion</i>	18
Calzone <sup>1,3</sup> <i>Tomato, mozzarella, egg, eggplant and cottage cheese</i>	18
Daniel's mushrooms <sup>1,3</sup> <i>Tomato, fresh and cured mozzarella and shiitake mushrooms</i>	19
Zucchini <sup>1,3</sup> <i>Tomato, mozzarella, grappes, zucchini and cherry tomato</i>	19
Sta. Eufémia Smoked ham and watercress <sup>3</sup> <i>Tomato, mozzarella, smoked ham and parmesan</i>	20
Portuguese <sup>1x</sup> <i>Tomato, mozzarella, anchovies, peppers, onions and olives</i>	22

### DESSERTS

Homemade chocolate mousse	8
À Terra egg pudding <sup>1</sup>	8
Cheese, pumpkin, and orange tart <sup>1</sup>	9
Assorted fruit platter	10
Traditional sponge cake	12

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